



FACT SHEET

ViSalus GO®

Fuel Your Body with ViSalus GO Instant Energy†

What is it?

A grape-flavored energy shot specially formulated to deliver instant energy to support peak muscle performance.†

What does it do?

ViSalus GO uniquely taps the performance potential of Whole Grape Extract and other organic catalysts to support energy, muscle performance and even visual acuity during physical and mental exercise. Ideal for use before or during your workout, or anytime you need a boost of energy.†

Key ingredients

- **Whole Grape Extract** – While other brands only use the fruit’s powder, ViSalus GO uses the whole grape extract for the ultimate power source, thus supporting cell uptake of oxygen for optimal performance and endurance†
- **Black Currant Extract** – a strong antioxidant†
- **Rhodiola Extract** – used by Russian athletes or over 30 years, it supports stamina, endurance and energy†
- **Black Currant Extract** – supports the body’s responses to oxidative stress†
- **Citrulline Malate** – supports nitric oxide production, which supports a healthy vascular system, including oxygen and blood flow†
- **Isomaltulose** – a non-insulin-spiking sweetener that helps support muscle performance†
- **6 Essential Vitamins** to support the body with healthy benefits†

Flavor

Grape Fusion

GOALS

- Weight loss
- Active
- Fitness

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUPPLEMENT FACTS

AMOUNT PER SERVING	% DAILY VALUE*
SERVING SIZE 1 bottle (2 fl oz/ 60 ml)	
Calories	35
Total Carbohydrate	5 g 2 %
Sugars	5 g **
Vitamin E (as dl-alpha tocopherol acetate)	15 IU 50 %
Thiamin (as thiamine mononitrate)	1.5 mg 100 %
Riboflavin (as riboflavin-5-phosphate)	3.4 mg 200 %
Niacin (as niacinamide)	20 mg 100 %
Vitamin B6 (as pyridoxine HCl)	2 mg 100 %
Pantothenic Acid (as D-calcium pantothenate)	10 mg 100 %
Sodium	10 mg <1 %
Potassium	15 mg <1 %
Proprietary GO Blend	1,550 mg **
L-Citrulline Malate, Grape Extract (<i>Vitis vinifera</i>) (Whole Fruit), Caffeine, Glucuronolactone, Black Currant Powder (<i>Ribes nigrum L.</i>) (Whole Fruit), Black Currant Extract (<i>Ribes nigrum</i>) (Fruit), L-Theanine, Rhodiola Extract (<i>Rhodiola rosea</i>) (Root), Japanese Knotweed Extract (<i>Polygonum cuspidatum</i>) (Root) (5% Resveratrol).	

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily value (DV) not established.

Other Ingredients: Purified Water, Isomaltulose, Vegetable Glycerin, Natural Flavors, Citric Acid, Tartaric Acid, Beet Root Juice, Sodium Citrate, Potassium Sorbate, Gum Blend (Xanthan Gum and Modified Acacia Gum), Rosemary Extract, Sucralose, Sodium Benzoate, Black Pepper Extract.

Directions: Take straight from the bottle or mix into 8–16 ounces of water or any beverage. Do not exceed four bottles per day. Shake well before using.

NOT RECOMMENDED FOR CHILDREN, PREGNANT WOMEN OR PEOPLE SENSITIVE TO CAFFEINE.

Keep out of the reach of children.

	ViSalus GO® Grape Fusion	Amway XS® Energy Shot	IsAgenix® E+ Energy Shot	Living Essentials 5 Hour Energy®	Stacker2® 6-Hour Power™	Extreme Energy™ 6-Hour Shot	Red Bull® Energy Shot*	Street Kings™ SK Energy Grape	E-Boost® Energy Shot Super Berry	Zipfizz® Energy Shot Fruit Punch	Aspen Fitness On Go® Energy Shot†
SERVING SIZE (oz.)	2	2.5	2	2	2	2	2	2.5	2	4	2
PRICE PER SERVING	\$3.20	\$2.90	\$3.17	21	\$1.58	\$2.99	\$2.99	\$2.49	\$3.25	\$1.88	\$2.99
EXTRACTS											
Whole Grape Extract	Yes	No	No	No	No	No	No	No	No	No	No
Black Currant Extract	Yes	No	No	No	No	No	No	No	No	No	No
Rhodiola Extract	Yes	No	Yes	No	No	No	No	No	No	No	No
Black Pepper Extract	Yes	No	No	No	No	Yes	No	No	No	No	No
VITAMINS											
Vitamin E (IU)	15	No	No	No	No	No	No	No	No	10	No
Thiamin (mg)	1.5	No	No	No	No	1.5	No	No	No	.38	1.5
Vitamin B6 (mg)	2	6	No	40	40	40	5	40	2	2.5	40
Niacin (mg)	20	20	No	30	20	33	20	30	15	10	33
Pantothenic Acid (mg)	10	10	No	No	No	10	5	No	No	2.5	No
OTHER INGREDIENTS											
Isomaltulose**	Yes	No	No	No	No	No	No	No	No	No	No
Citrulline Malate	Yes	No	No	No	No	No	No	No	No	No	No
Caffeine (mg)	100	80	85	138	Proprietary Blend	220	80	280	150	150	177
Glucuronolactone	Yes	No	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
L-Theanine	Yes	No	No	No	No	No	No	No	No	No	No
Resveratrol	Yes	No	No	No	No	No	No	No	Yes	No	No

COMPETITIVE BRANDS INGREDIENTS ON LABEL: FULL AND/OR PARTIAL LIST

Amway XS® Energy Shot: Vitamins B3, B5, B6, B12, Taurine, L-Glutamine, *Eleutherococcus senticosus*, Panax Ginseng, *Panax quinquefolius*, Schisandra, Astragalus, Reishi
IsAgenix® E+ Energy Shot: Eleuthero (*Eleutherococcus senticosus*) Root Extract, Hawthorn (*Crataegus oxyacantha*) Berry Extract, Mountain Ash (*Sorbus aucuparia*) Berry Extract, Cramp Bark (*Viburnum opulus*) Berry Extract, Green Tea (*Camellia sinensis*), Stevia (*Stevia rebaudiana*) Leaf Extract
Living Essentials 5 Hour Energy™: Vitamin B12, Taurine, Folic Acid, Glucuronic Acid, Malic Acid, N-Acetyl L-Tyrosine
Stacker2® 6-Hour Power™: Folic Acid, Vitamin B12, N-Acetyl L-Tyrosine, L-Phenylalanine, Amylase, Protease, Lipase, Cellulase, Lactase
Extreme Energy™ 6-Hour Shot: Riboflavin, Taurine, N-Acetyl L-Tyrosine, Theobroma Cacao Extract, Green Tea Extract, Mangosteen Extract, Gogi Extract
Red Bull® Energy Shot: Taurine, Sucrose, Glucose
Street Kings™ SK Energy Grape: Malic Acid, Glucuronolactone, Green Tea Extract, Acai Fruit Extract, N-Acetyl-L-Tyrosine, Citicoline, Vitamins B3, B6 and B12
E-Boost® Energy Shot: Folate, Vitamin B12, Selenium, Chromium, Green Tea Leaf, N-Acetyl-L-Tyrosine, Grape Skin Extract, Maqui Berry Juice, Ginkgo Biloba Leaf Extract, Pomegranate Concentrate, Mango Fruit Concentrate, Quercetin Dihydrate, Acai Fruit, Grape Seed Extract, Resveratrol
Zipfizz® Energy Shot: Riboflavin, Vitamin B12, L-Taurine, L-Arginine, Grape Skin Extract, Green Tea Leaf Extract, American Ginseng Root Extract
Aspen Fitness On Go® Energy Shot: Taurine, N-Acetyl L-Tyrosine, Malic Acid, L-Phenylalanine, L-Glutamine, Ginseng, Amylase, Protease

*Ingredients not available, but according to the manufacturer the ingredients are the same as the classic Red Bull.

**Isomaltulose is a low-insulinemic sweetener that supports improved fat oxidation during physical activity as high insulin levels hinder the use of lipids as an energy source. Isomaltulose can increase the amount of fat used as energy, thus enhancing performance endurance.† It is naturally found in honey and sugar.

Information obtained through various online sources, including company websites, December 2013.

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