



## FACT SHEET

Omega Vitals: Available as a stand-alone or as part of Vi-pak

Support your body and mind with healthy essential oils†

### What is it?

Omega Vitals is a proprietary blend of Essential Fatty Acids to promote health, cognitive function and cardiovascular support.†

### What does it do?

Essential Fatty Acids may not sound like they support your health, but they do. They provide the crucial building blocks for every cell membrane in your body and produce key ingredients for energy metabolism, cardiovascular health and immune health.†

Regular usage of Omega Vitals helps if you do not eat enough fish. Not only are Essential Fatty Acids important to help maintain blood pressure and cholesterol levels that are already within the normal range, they also help support brain function and a healthy mood and appearance.†

### Key ingredients

- **Proprietary Blend** — purified essential oils from Fish, Evening Primrose, Flaxseed and Pumpkin Seed

### Goals

- Weight loss
- Active
- Fitness

### SUPPLEMENT FACTS

**SERVING SIZE** 1 softgel

	AMOUNT PER SOFTGEL	% DAILY VALUE*
Calories	10	
Calories from fat	5	
Total fat (g)	1	1.5%
Cholesterol (mg)	<5	<1%
Phosphatidylcholine (mg)	57.5	**
Phosphatidylserine (mg)	2.6	**
Fish Oil (mg)	417	**
Evening Primrose Oil ( <i>Oenothera biennis</i> L) (seed) - mg	125	**
Flaxseed Oil ( <i>Linum usitatissimum</i> L) (seed) - mg	125	**
Pumpkin Seed Oil ( <i>Cucurbita pepo</i> L) (seed) - mg	50	**

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

\*\*Daily value (DV) not established.

**Other Ingredients:** Soybean Oil, Softgel Capsule (Gelatin, Glycerin, Purified Water and Titanium Dioxide), Soy Lecithin and Natural Mixed Tocopherols.

**CONTAINS:** Soy and Fish (Sardine, Anchovy).

**Directions:** Take one softgel each morning and one each evening with water. For optimal results, use for at least 90 consecutive days and combine with proper diet and exercise.

NOT RECOMMENDED FOR CHILDREN, PREGNANT OR LACTATING WOMEN OR THOSE TAKING BLOOD-THINNING MEDICATION. PLEASE CONSULT YOUR PHYSICIAN PRIOR TO USE.

Keep out of the reach of children.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.