



The Shake Mix That Tastes Like A Cake Mix™

Proprietary Tri-Sorb™ protein blend that helps build lean muscle to help your body burn fat.

- Low fat
- Low sodium
- Low sugar
- Lower carb than other brands
- Gluten-free
- Heart-healthy
- Includes calcium for bone health
- Good for those watching their sugar intake
- Certified OU Kosher
- 26 Vitamins and minerals
- Packed with protein, nutrition and flavor!

Simple. Fast. Affordable...
And Tastes Amazing!

FACT SHEET

Vi-Shape® Nutritional Shake Mix

Have a healthy meal—FAST—with Vi-Shape Nutritional Shake Mix

What is it?

It's a meal replacement shake that has an exceptional taste. If you tried other meal replacement shakes before, you'll see that there is nothing like Vi-Shape Nutritional Shake Mix. That's why it's *The Shake Mix That Tastes Like A Cake Mix*. It has our unique Tri-Sorb protein blend of highly absorbable proteins, fiber, calcium, vitamins, minerals, digestive enzymes and more. Vi-Shape Nutritional Shake Mix is a perfectly balanced meal replacement!

What does it do?

Vi-Shape Nutritional Shake Mix does what a good meal replacement shake should: it mixes easily with nonfat milk or soymilk to provide a tasty meal loaded with 20–22 grams of protein—the perfect blend to support lean muscle to help your body burn fat. And it contains less fat, carbohydrates, sodium and sugar than many other brands! Mixed in water, it is a great snack for on-the-go, or for use after a workout to support your body's recovery process. Other shakes can be gritty, bitter or leave a metallic aftertaste. Vi-Shape tastes amazing in water for a snack, or in milk for a meal replacement! For bonus flavor and nutrition (as well as variety), blend with our Shape-Up™ Health Flavor Mix-Ins or fresh or frozen fruit to create your own healthy smoothies. Add Vi-Trim® to your shake for hunger control support.†

Key ingredients

- **Tri-Sorb protein blend**—A unique blend of three proteins that work together to help keep you satisfied, and help to support lean muscle. Our blend includes two forms of whey protein and soy protein
- **Fibersol®**—a clinically tested and patented prebiotic fiber blend that keeps you feeling full without the gas that is a by-product of other types of fiber. Prebiotics help the “probiotics” or healthy flora in your system multiply and flourish. These help protect your immune system, support regularity and have other health benefits.
- **Aminogen®**—a patented and clinically tested enzyme blend that helps your body maximize protein and nutrient absorption
- **26 Vitamins and minerals**
- **Calcium** for bone health

GOALS

- Weight loss
- Active
- Fitness

Product details

- Heart Smart
- Good source of fiber
- Suitable for vegetarians
- Gluten-free
- Kosher Dairy
- Non-GMO soy protein

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Vi-Shape® Nutritional Shake Mix

DIRECT SALES  RETAIL 

	ViSalus® Vi-Shape®	Herbalife® Formula 1	Amway® Bodykey™	Beachbody® Shakeology®	Isagenix® Isalean®	Slim-Fast®	Ensure® Original, 8 fl. oz.	GNC Total Lean™	Met-RX® Original
COST PER SERVING (POWDER)	\$2.08	\$1.30	\$2.81	\$4.33	\$3.71	\$0.82	\$0.68	\$2.18	\$3.49
Tri-Sorb™ protein blend	Yes	No	No	No	No	No	No	No	No
Protein ¹ (g)	12*	9	16	16	24	10	9	9	38
Fat (g)	1	1	3	2	5	4	6	2	2
Sodium (mg)	75	95	220	200	240	240	200	100	390
Sugars (g)	<1	9	<1	7	11	24	15	4	2
Carbohydrate (g)	7	13	8	14	24	30	32	30	20
Fiber ² (g)	5	3	5	3	8	4	<1	8	<1
Calories	90	90	110	130	240	110	220	180	250
Calories mixed in nonfat milk	170	170	190	210	N/A	200	N/A	N/A	330
Vitamins & minerals	26	23	24	24	25	26	28	24	27

*When mixed as directed in nonfat milk, Vi-Shape provides a full serving of protein—22 g.

¹ViSalus uses a proprietary Tri-Sorb protein blend of 3 high-quality proteins.

²ViSalus uses a prebiotic fiber in its shake. Fiber can help dieters stay full and support digestive health.

This chart compares vanilla-flavored protein powder mixes, except where noted for Ensure®.

Information obtained from product nutritional labels provided on third-party websites, April 2015. For complete nutrition information consult product labels.